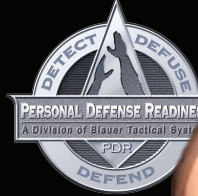


BLAUER TACTICAL SYSTEMS PRESENTS

TONY BLAUER'S S.P.E.A.R. SYSTEM™ & PERSONAL DEFENSE READINESS

SUMMER CAMP

AUGUST 14TH - 15TH, 2010 | SAN DIEGO, CA



Join Tony Blauer and his team for the annual S.P.E.A.R. System™ and Personal Defense Readiness™ Camp. During this action-packed 2 days, you will be introduced to the revolutionary S.P.E.A.R. System.



Once again, Coach Greg Glassman, Founder and CEO of CrossFit is our special guest speaker.

TRAINING THEMES

Combat Calisthenics

Integration of the CrossFit formula with the S.P.E.A.R. System's essential drills.

Explosive Elbows

Using physiology and kinesiology to enhance the speed and damage-quotient of your elbows in close-quarter confrontations and clinches.

ATM Defense

Complete analysis and scenario practice of one of BTS' most popular scenario videos.

Click the following link to view the ATM video on CrossFit: http://media.crossfit.com/cf-video/CrossFit_BlauerATMStrategy.mov

WHEN

Saturday, August 14, 2010 – Sunday, August 15, 2010

WHERE

The training will take place in beautiful San Diego at CrossFit San Diego. Bring your family and go to Sea World & Disney!

Crossfit San Diego
1401 E. Street
San Diego, CA. 92101
United States



**CrossFit San Diego is expanding, and may be moving before the camp, so be sure to check their website for the new address!*

HOW MUCH

| | |
|--|----------|
| Martial Artist/Citizen: | \$299.00 |
| Police/Military: | \$249.00 |
| Guest of PDR or S.P.E.A.R. System Coach: | \$249.00 |

As always, we offer a special discount to our warfighters, peacekeepers and firefighters!

REGISTER ONLINE @ http://www.regonline.com/spear_pdr_summer_camp

