

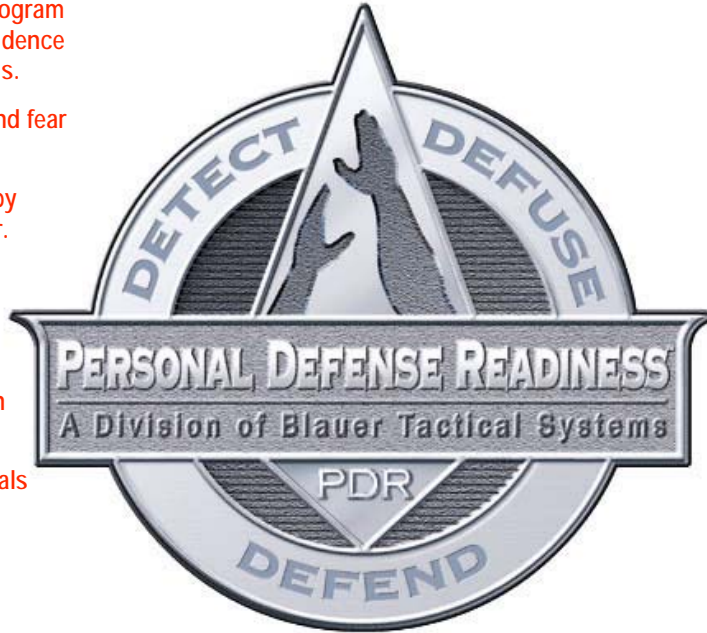
Tony Blauer's

PERSONAL DEFENSE READINESS™ & S.P.E.A.R. SYSTEM™

FUNDAMENTALS OF PERSONAL SAFETY

REGIONAL SEMINARS NOW AVAILABLE!

- This introduction to the S.P.E.A.R. System and Personal Defense Readiness program will dramatically increase your confidence and confrontation management skills.
- We specialize in proven mind-set, and fear management strategies.
- All of the skills taught can be used by anyone, regardless of age or gender.
- The program is designed and engineered by martial art pioneer Tony Blauer and is the only self-defense program in the world that has been medically reviewed on 3 different continents.
- Train in with our team of professionals committed to your personal safety.
- No prior experience necessary.



*"This course is a must for anyone who wants to be empowered with the knowledge and confidence to defend themselves and their family.*

*The course includes a fear management system that can be successfully applied to everyday situations, not just self-defense.*

*The information I learned has helped me mentally and physically and made my children safer".*

*-Mike Moody*





## Fundamentals of Personal Defense Readiness™

This 1-day immersion course covers many of Tony Blauer's most important concepts & principles.

Participants will begin their course with an in-depth introduction into our renowned mind-set & fear management strategies that include important components from the Cerebral Self-Defense™, Cycle of Behavior™ and Be Your Own Bodyguard™ programs.

Your class will flow linearly from mind-set to contact to confrontation using our Three D's model: 'Detect, Defuse, Defend'. And then using our Non-Violent Postures™ you will learn how to identify pre-contact cues, position for interception and convert the startle-flinch using the world's first behaviorally based self-defense method - the S.P.E.A.R. System™.

This course will not interfere with any prior training and can be used to augment your personal toolbox. Regional Seminars are open to all styles and the general public.

## Comments From Past Attendees:

*"Thanks again for a class. The PDR seminar was a great experience. Each segment was fun, challenging and unbelievably informative. My beliefs about self-defense have been changed forever.*

*Please extend my thanks to the other students as well. They were extremely helpful and patient. They made me comfortable when I was outside my comfort zone."*

**Sincerely, Sean O'Brien**

*"The seminar was an excellent experience filled with many blue prints. The drills were superbly thought out and executed. I am glad I went. I am confident the other attendees feel the same as I do and it was great to meet and work with them all.*

*I feel that I benefited from both a student's point of view as well as from an instructor's point of view. I look forward to training with the PDR team again soon."*

**Sincerely, Scott Boyce**

## About Our Mobile Training Team:

Blauer Tactical Systems primarily trains trainers. As our company has grown in scope and responsibility, we have built an elite staff of mobile trainers who have earned their place through hundreds of hours of study, training, assistant teaching and finally teaching. The team consists of individuals who are not only well versed in PDR and SPEAR but are also highly successful professionals from martial arts, law enforcement, security and military communities. For additional information on our staff or joining our team go to [www.BlauerTactical.com](http://www.BlauerTactical.com)

## A Word From Tony Blauer, CEO BTS USA:

***"Our research has influenced professional trainers around the world, and now we've decided to pass this vital training and mind-set research on to the public. Remember, the S.P.E.A.R. System is a bridge to your style or method...our research integrates fear management, psychological preparation and functional gross motor tactics and can be learned and Incorporated by anyone, with any level of experience. I know you will enjoy this training. Stay safe!"***

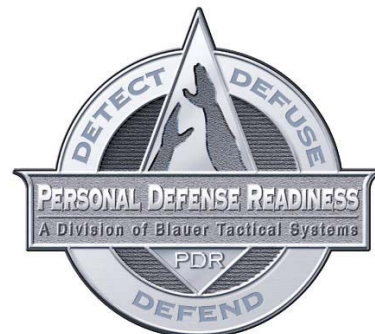
## Seminar Theme:

➤ **PDR Applications for Classic Street Attacks**

## Details:

**Find an event:** [Click here to search for the regional seminar closest to you.](#)

**Host an event:** To learn more about hosting a regional seminar event at your school, club or gym please email [Tom@PDRteam.com](mailto:Tom@PDRteam.com)



***Attn LE & Mil Trainers:*** Blauer Tactical Systems is renowned for their law enforcement & military programs, however this is a PDR course designed for scenarios the average citizen may face. You are welcome to attend, however, if you are seeking DT or combatives certification you must contact BTS HQ by emailing [combatives@blauertactical.com](mailto:combatives@blauertactical.com) or visiting [www.BlauerTactical.com](http://www.BlauerTactical.com).