



HERE ARE COMMENTS FROM MARTIAL ARTS INSTRUCTORS AND ATTENDEES OF PAST PDR SESSIONS...

"I attended PDR 13 and would just like to say that it was totally worth it. Aside from the disquieting feeling of paradigm shifting my opinions about self-defense, it was thoroughly enjoyable. Self-discovery can be FEARful and painful but the transmission of information and discussion made it a valuable personal experience, one that I hope to share with my training partners. It was also great meeting other PDR Coaches in training! I'd like to thank Coach Blauer, his instructors and all the folks up in Canada who ran a great event."

**Mike Aref -PDR Coach
Illinois**



"Wow...where to start? First I'll say thanks to Coach Blauer, his staff and everyone who helped to make PDR 12 happen. Everything was on point and it definitely exceeded my expectations. I knew it was going to be informative and intensive...but damn. ☺ There were not too many 'light bulb' moments because the entire weekend was a 'spotlight' moment, but I can say that one of my favorite moments was the mini BMF that the candidates were exposed to at the end. I have a feeling that those can become addictive. Anyway...I had done Wing Chun for many years, tried out Krav Maga, Thai Boxing, and Submission Wrestling, etc and while they were/are all awesome I still knew that something big was missing. I now know what was missing and I also know that I came to right place."

**Mike Bayer -PDR Coach
Texas**



"The PDR 12 weekend was just outstanding. I have to say thanks to Coach for his dedication to help us become knowledgeable coaches and therefore making so many other people safer by spreading that knowledge. The staff did a fantastic job. Their ability to get the information across in a way that everyone could understand clearly showed how the PDR ID program works in developing instructors. Great job guys! To all of the new and returning coaches, I really enjoyed everyone's input and help over the weekend. I am looking forward to working with everyone in the future."

**Richard Coon-PDR Coach
Alabama**



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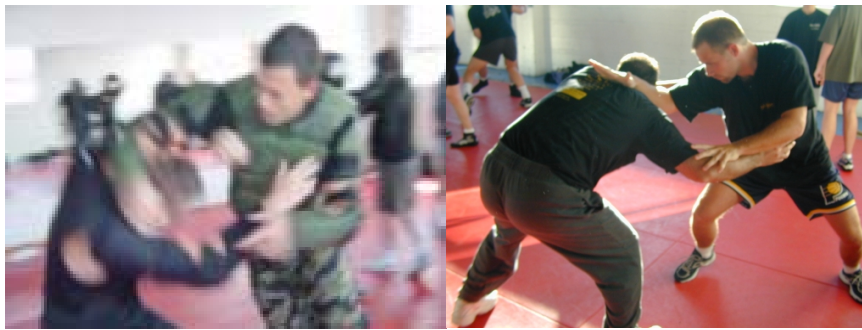




“Being a new coach candidate, I was blown away with not only the content of the course, but the organization and the amount of work that went into making the weekend as successful as it was. Thank you to EVERYONE - Coach Blauer, his staff, all the returning coaches and the new coach candidates as well. All in all, the weekend was simply awesome - and I can't thank everyone enough for the experience.”

**Trevor Wilcox – PDR Coach
Australia**

“I had the awesome privilege and good fortune to attend the PDR ID course this weekend in Montreal. I for one was drinking from the proverbial fire-hose as we grappled with the refreshing depth and breadth of the SPEAR system and PDR fundamental concepts. The instructors delivered an excellent course,



consistently leading us to discover 'the magic of the SPEAR System' in many different ways and on several levels. Our time with Coach Blauer was challenging, inspiring and ultimately filled with meaning and substance on multiple levels. Coach Blauer has developed a system super-charged with credibility and fuelled by the desire to help real people to be safer on the streets. The basis is sound. The knowledge goes deep. The PDR/SPEAR training methods are challenging and at times brutally revealing. Where I'm from, it is said that "It's not a delay to stop and sharpen the scythe" - and this to some extent sums up the PDR program for me - indeed



in my case it has felt like discovering the scythe and the whetstone for the first time. Thanks to Coach Blauer, and the whole BTS team for all their work in delivering an excellent weekend. I am looking forward my next training opportunity already.”

**Gerard O'Dea -PDR Coach
Scotland**



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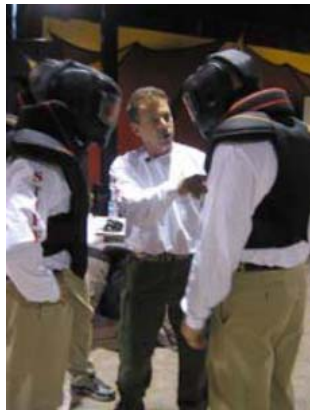




"The first PDR I attended was in August of 2002. The research from the first PDR was outstanding and provided me with valuable information. The second time I attended was the PDR camp held at West Point. The research and dedication that Blauer and his coaches provided were mind blowing. The information helped solidify my respect and passion for the training. The drills and demos were fantastic, and it helped me, as Coach Blauer puts it, "peel away more layers of the onion". If anyone has the means and opportunity to attend, it is truly a must. Thanks to all the team members and Coach Blauer for their continued support."



**Pat Berter - PDR coach
Georgia**



"The 'Lego' configuration of Coach Blauer's SPEAR System touches off a series of paradigm shifts that are unavoidably contagious. When you know you are experiencing the truth, it's hard to be quiet about it, and that is exactly what happened to me. I attended my first PDR and was inundated with powerful and thought provoking ideas. Six months later, at my second PDR session, the ideas had solidified and a deeper understanding of them emerged. At this point I began teaching the SPEAR System exclusively in my school. By the third and fourth time I attended PDR, my physical and mental confidence was at an all time high. Not to mention that all my students had benefited immensely from the "Blauer Effect", and were passing it on to their families and friends."

**Dana Arcuri - PDR Coach
New York**

"Following my first PDR weekend, I spent hours studying the seminar material. As questions arose, I corresponded with Coach Blauer and other PDR attendees. Soon, Coach Blauer's "uncommon sense" became clearer and clearer to me. The wisdom of his teaching and the genius of his system slowly became my own. Years of memorized martial arts "moves" were replaced with lightening fast instinctual responses. Where fear once existed, a vast psychological arsenal stood in its place. Today, after several PDR weekends, I feel I am a far better "3 Dimensional" fighter. I train and prepare myself for real world violence emotionally *and* psychologically—not just physically any more. As a result, I am more aware,



more prepared and more dangerous to bad guys. I would never trade my decades of traditional martial arts training. However, I can say without exaggeration that I found as much information, confidence and truth in a weekend with Tony Blauer as I had in a veritable lifetime of studying classical karate technique."

**Gary J. Khoury
PDR Coach
Massachusetts**



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Affiliating with Blauer Tactical Systems

HOW ARE STANDARDS AND CONTROLS MONITORED?

The PDR program is based on the same virtues of our warrior heritage: *loyalty, trust, humility, respect, honor* and so on. While the company continues to grow and thrive in a very competitive marketplace, our success is based on our grassroots approach to mentoring and a one-on-one teaching methodology. That is why our classes are intimate and why we **DO NOT** offer correspondence certification at the instructor/coach level. The PDR program is about the individual's self-actualization and then integration into their school's system. Ultimately, this system will be injected into all self-defense curricula around the world, not because we modified a palm strike or front kick, but because of the perspective and totality of the research. While there are several excellent 'physical' self-defense methods being taught, the S.P.E.A.R. SYSTEM™ & CEREBRAL SELF-DEFENSE PROGRAM™ were the first 'genetically' inspired self-defense systems. When coupled with the HIGH GEAR™ SIMULATION SYSTEM & gear, the total tactical package can help anyone of any size or gender and add substance and dimension to you school or program.

HOW OFTEN IS THE TRAINING HELD?

The PDR INSTRUCTOR CERTIFICATION SESSION is held twice a year, typically in the fall & spring. It is held over a three-day period at the Blauer Tactical World Headquarters and Tactical Training Center in Virginia Beach, VA. The program comes complete with extensive training sessions, PowerPoint presentations, training manuals, handouts, lesson templates and more. Technical and biomechanical dissection of the S.P.E.A.R. System and other components of our renowned courses are shared. Participants also work through close quarter tactics, replication drills and BMF drills with HIGH GEAR. (Check out our PDR training information at www.blauertactical.com)

IF I ATTEND, CAN I FAIL?

This course is not about passing or failing. It's about sharing and growing. The structure and conditions are in place to ensure proper standards & application of the research. During the session there is an evaluation and then post session requirements to complete your certification. Having said that, of course someone can fail to graduate, but only if they fail to prepare and/or participate. Remember, the research is behaviorally based, which means it integrates with any sound system. We have instructors from hard karate styles to JKD and Krav Maga. There are point fighters and MMA fighters in the PDR program and we even have several DT & combative instructors. It's that dynamic. It fills holes, creates training as well as teaching opportunities and adds new dimensions to any curriculum.

IDEAS? THOUGHTS? CONCERNS?

If you have any specific questions or concerns, feel free to call us toll-free **877-773-2748**. You may also use my public forum on www.mma.tv. There you can discuss PDR training with graduates of the program. **The site is inside the UNDERGROUND, (Go To) EXPERTS Q & A, (select) Tony Blauer.**

CONCLUSION

We always have a very diverse group attending, from tactical operators to individuals who only want to add self-defense to their school. We've had doctors, dentists, pro fighters, soldiers, police officers and so on attend. It really is a melting pot of creativity and interaction. I think you will be very stimulated from this training experience. Do not let anyone's background intimidate you. If you didn't have something important or valuable to add to this team, you likely wouldn't have read this far. Everyone has a position on the team. I can assure those of you who take this next step in your martial/self-defense/combatives career that it will be most rewarding.

I look forward to meeting you at a **PDR** session soon.

Sincerely,

Tony Blauer
President/CEO
Blauer Tactical Systems, Inc.



www.blauertactical.com

